

Myddle Earth

The quarterly Magazine of the Pagan Federation Midwest and Wales District

Imbolc 2022

Issue 156

IMBOLC

Curtain Call

by Hannah

I notice
Winters not quite ready,
To say goodbye
As snowflakes start falling
From laden skies.

But they fall slowly
With no effort to land,
Just a wish to flutter freely
Before Spring takes command.

One last hoorah,
One final encore
Before winter is hidden
Behind its last curtain call.

Welcome to Myddle Earth

Your **Pagan Federation District Managers** are Audrey and Richard

Contact details

mwaw.dm@paganfederation.co.uk or write to us at Pagan Federation, BM Box 7097, London WC1N 3XX. You can also find us on Facebook: 'Pagan Federation Mid-west and Wales'

Myddle Earth Editor: Email: mwaw.editor@paganfederation.co.uk

Myddle Earth is distributed four times a year to local PF members (and a few others). Your contributions are welcome, whether they are letters, stories, poems, suggestions and/or black-and-white drawings. Don't be shy—share them with us. This is **your** magazine.

Copy deadlines:

- 31 December for Imbolc issue
- 31 March for Beltane issue
- 30 June for Lughnasadh issue
- 30 September for Samhain issue

Advertising: This is free for non-profit-making ventures. For commercial advertising, prices on request. Adverts can be posted as a hard copy to: Pagan Federation, BM Box 7097, London WC1N 3XX or emailed to: mwaw.editor@paganfederation.co.uk.

FREE Back-copies available: Beltane 2018 to current issue. Contact the Editor.

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Editor's Blurb

Our Imbolc edition is brimming with colour and creativity! A big Thank you to All our Contributors!

I was thinking the other day about inclusivity in paganism from a physical sense. Do we do enough to help those who are blind, or rely on sign-language? How can we let them know they are welcome to tread the path with us? A thought to ponder on perhaps. Would love to hear your thoughts.

Having just checked my garden before finalising this edition, there's no sign of my snowdrops, but the bluebells are growing strong! Strange weather .

May the Lady Bridget bring Blessings to your Hearth and Home.

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DISTRICT NEWS

District Managers Report – IMBOLC 2022

Spring Salutations!

Let us begin with a huge thank you to everyone who contributed to this issue of *Myddle Earth* following our appeal at the start of December. It really did produce an array of items for the magazine, especially poetry. What a talented bunch we are! This is nothing but a brief information sheet without members sending in something for us to read, photos and artwork to admire and ideas to ponder. It's for all of us to enjoy, so if you haven't already, have a look at the Editor's list on the last page which gives guidelines and ideas on what material might be suitable for publication. Page 2 gives a list of deadline dates. Our membership in this District hovers around the 230 mark, so the odds are very good that we have plenty of page-fillers waiting in the pipeline.

The signs of coming Spring are now becoming apparent as we are six weeks from the Winter Solstice. The angle of sunlight is higher, there is a little warmth in the air, and small green leaves are beginning to emerge through the soil. Hannah wrote at Samhain about embracing the dark time of the year and how she overcame her discomfort with it. Do you feel only relief that the winter is now receding, or do you rejoice in all seasons? Does the increasing light stimulate creativity, exploration of your surroundings or a desire to plan some gardening projects?

At the time of writing (Dec 21) it's uncertain how the latest coronavirus mutation is going to affect travel and social occasions, so perhaps you've taken to internet-enabled seasonal festivities. We'd love to hear how these went. On a serious note, did anyone attend COP26, either as participants or observers? This vitally important event was a reminder that the climate emergency is very real and demands urgent attention, but world leaders are still sitting on their hands.

Links for your Pagan Federation Officers in this District are:

[District Managers](mailto:mwaw.dm@paganfederation.co.uk) (DM's) <mwaw.dm@paganfederation.co.uk>

[Regional Co-ordinators](#)

Bristol: Alex <mwaw.bristol@paganfederation.co.uk>

Three Counties (Hfds, Worc, Glos) Audrey <mwaw.dm@paganfederation.co.uk>

Midwest (parts of Staffordshire & Shropshire) Audrey <mwaw.midwest@paganfederation.co.uk>

South & Mid Wales: Catherine <mwaw.southwales@paganfederation.co.uk>

North Wales: currently done by District Managers, see above

[LGBTQ+](#)

(for Pagans of non-hetero sexualities): Catherine A <mwaw.lgbt@paganfederation.co.uk>

[Families Liaison Officer](#): Hannah <mwaw.families@paganfederation.co.uk>

[District Facebook page](#): Pagan Federation Mid-west and Wales

[District website](#): Myddle-Earth - Midwest and Wales District | Just another Pagan Federation Districts Home Sites site (pfdistricts.info)

All our good wishes for a joyful and healthy Imbolc,
Audrey & Richard

CHILDREN AND FAMILIES UPDATE *by Hannah*

The Families team have been busy with two new members joining our volunteering team. Our Yule Aether patch was well received as was the Yule Aether magazine. More new patches will be released this year starting Spring Equinox patch on 1st February. Our blog continues to be updated monthly on the PF community website.

If anyone has any families suggestions or needs any Pagan family help, please don't hesitate to contact me on mwaw.families@paganfederation.co.uk.



"So Mote It Be"

An interesting juxtaposition of two traditions covering over 300 years

by Jon Barnes

These four words are used extensively in Pagan ritual, almost as often as "Goddess Blessings" or "Blessings Be".

"So Mote it Be" is used at the end of many Wiccan and Pagan spells and prayers. It's an archaic phrase dating from the early days of modern Paganism that many people in the Pagan community use, yet its origins may not be Pagan at all.

According to Webster's dictionary, the word 'mote' was originally a Saxon verb meaning "must." It appears in the poetry of Geoffrey Chaucer, who used the line "The wordes mote be cousin to the deed", in his prologue to the Canterbury Tales.

In modern Wiccan traditions, the phrase often appears as a way of wrapping up a ritual or magical working. It's basically a way of saying "Amen" or "so it shall be." The phrase "so mote it be" may first have appeared in a poem called the *Halliwell Manuscript of Regius Poem*, originally written in 1390 (the writer is unknown), but it passed through various people until it found its way to the Royal Library and, finally, to the British Museum in 1757.

The Halliwell Manuscript interestingly had no connection with Paganism. It is described as one of the "Old Charges" in Masonry, and is widely used today as an ending to various parts of Masonic ritual in all the "degrees" of Freemasonry and, at the ending of the various Masonic prayers.

Given that modern Freemasonry dates from the union of various Masonic factions and the establishment of the United Grand Lodge of England in 1717, one has to wonder when the usage of "mote" began in Paganism.

Did Pagans use it first or did Freemasonry get to it before them? Now there is a question maybe for another time.....



SKY AT NIGHT

by Hannah

February

1 st	New Moon 5:46
1 st /2 nd	IMBOLC
16 th	Full Moon 16:56

March

2 nd	New Moon 17:34
18 th	Full Moon 7:17
20 th	SPRING EQUINOX

April

1 st	New Moon 7:24
16 th	Full Moon 19:55
30 th	New Moon 21:28

Moon Names

February: Snow, Storm, Hunger, Chaste

March: Worm, Crow, Sap

April: Pink, Fish, Hare, Egg, Sprouting

Grass.

Second New Moon in April: Black Moon

Special Skies

March 26/27 and 4/5 April - Earthshine where the unlit side of the moon is visible

April 22/23 - Lyrids Meteor Shower

Big Dipper

Often people think of the Big Dipper as a star constellation in its own right but it is actually an asterism in the constellation of Ursa Major, The Great Bear. Asterisms are groups of stars that seem to form a pattern that are smaller than constellations and will even form as part of one. They tend to be easier to find as the stars will be closer together and about the same brightness. Most asterisms, unlike the Big Dipper, are not named.

Sources: timeanddate.com and euronews.com

Have Your Say!

If you have something to say, please email the Editor at mwaw.editor@paganfederation.co.uk

If you've enjoyed something, our Contributors would love to hear from you. Share tips, or perhaps there is a future event in your area that might be of interest to our readers?

A Celtic Blessing

by Y Frân Ddu



When your legs no longer work,
May the Ants carry you.

When your tongue no longer tastes,
May the Bees bring you honey.

When your eyes no longer see in the darkness,
May the fireflies dance brightly in your thoughts.

When you can no longer keep warm,
May the Sun warm your back.

When your fingers no longer sense touch,
May the rain fall gently on your cheeks.

When your nose no longer smells,
May Lavender waft through your mind.



When your eyes begin to close,
May butterflies come and lift your weary eyelids.

When your ears can no longer hear,
May a Robin and Wren alight on your shoulders,
And sing this poem loudly to you.



Nantwich, 18 February 2021

YOUR CONTRIBUTIONS NEEDED: articles, stories, poems etc.

Submissions: Deadline for BELTANE issue: 31st March 2022.

Contributions could be on a theme of colour, protection, Life energy.

Send your contributions to The Editor: mwaw.editor@paganfederation.co.uk



Mae croeso i gyfraniadau yn Gymraeg. Contributions in Welsh are welcome! (Please send an English translation with your submissions).

This is Your magazine, please help us make it special for everyone!

Don't wait for the Deadline! Why not send in your contribution now for our next issue.

Submissions may be edited due to available space and content.

Thoughts from the Tarot Study Group

by Carolyn Dougherty

For the past five years I've been hosting a Tarot study group, both online and in various pubs in Bath, Manchester and Bristol. At each session we look at three cards chosen at random from my 'Rider-Waite-Smith' deck, and use our intuition to explore the images on each card. Participants in the sessions range from experienced professional readers to people who have literally never seen a Tarot card before. Although I have been working with the cards for nearly 40 years, I never fail to learn something new, or see something differently, every time.

In this series of short articles I'll bring together some thoughts about each card from the observations, ideas and insights I've heard from participants in the study groups over the past five years.

If you would like to participate in a study group, we meet at the Clifton Community Bookshop in Bristol on the first Wednesday of the month, and online on the third Wednesday of the month. If you'd like more information, or if you might like to try facilitating your own Tarot study group and would like some guidance, please get in touch with me at: tarotstudy@pobroadband.co.uk.

Key 0: The Fool



What do we first observe about this beautiful young man? He's carefree and unconcerned. He appreciates beauty. Maybe he's bringing a flower to his girlfriend. 'Money comes to him.' He doesn't take life too seriously. He seems confident in a positive future. He doesn't really look prepared for a walk in the mountains—he looks more like he's dressed for a party. But he is wearing walking boots rather than impractical shoes; maybe he's practical where it matters. The flower he carries and the dog beside him are both white—could the flower be his 'higher self' and the dog his 'lower self'?

The image is full of motion - a wind is blowing towards the young man, blowing his feather, hair, sleeves and skirt back and away from him. Traditionally, the left side of the card is toward the west; the wind is blowing toward him from his future, and from the direction of the setting sun. There's also a dynamic contrast between fire and ice - between the frozen blue mountains in the background and the flame-like red sleeves of the young man's coat. On the other hand, the image is static in that there appears to be no path to where the Fool is standing - no way for him to have reached where he is, let alone any way for him to continue. Though the figures of the man and the dog are both in motion, they appear to have no history and no future.

What is the young man carrying in his bag? 'Everything he needs.' Traditionally, his bag holds the four magical tools: a wand, a sword, a cup and a coin...though one wonders if he's also got dog treats in there as well. We can't see one end of the stick the Fool is holding - objects in the cards that go out of the frame of the image might signify something unknown or uncertain - like what's ahead of the Fool.

Hope

by Hannah

Of all the flowers that symbolise hope, *Galanthus*, commonly known as the snowdrop, really epitomises it especially at this time of year. The word *Galanthus* comes from the Greek “gala” meaning milk, and “anthos” meaning flower, and starts to show its beauty in late winter crossing over into the next season. It is a wonderful sign that the Spring is approaching.

It's often thought of as a native to Britain, but it is not and is thought to have been introduced here in the 16th century. It was first recorded as being naturalised in 1770 in the counties of Worcestershire and Gloucestershire. To see snowdrops in full glory there are a number of snowdrop gardens in Britain that can be visited and Colesbourne Park in Cheltenham, Gloucestershire, is one of the best known with over 350 cultivars to enjoy.

It is thought that the snowdrop has its own internal heating system which enables it to flower even with snow on the ground and there are folktales inspired by the snowdrops ability to do this. In “The Twelve Months” by Russian writer Samuil Marskak, a reward of gold coins is offered by a queen to anyone who can bring her snowdrops in the dead of winter. A young orphan girl is cruelly sent out by her foster mother during a snowstorm to find the flowers. At the point of near death the spirits of the Twelve Months take pity on her, save the girl from freezing to death and grant her the snowdrops which she takes to the queen and claims her reward.

Another story, a German folktale tells of a special bond between snow and snowdrops. When the world was new the snow did not have a colour and asked the flowers if it could have their beautiful colours. The flowers shunned the snow, all except the snowdrop who granted the snow her colour of white and in return the snow protect the snowdrops when they flowered in the winter.

As we see the snowdrop really is a flower, not only beauty, but also inspiration and hope.

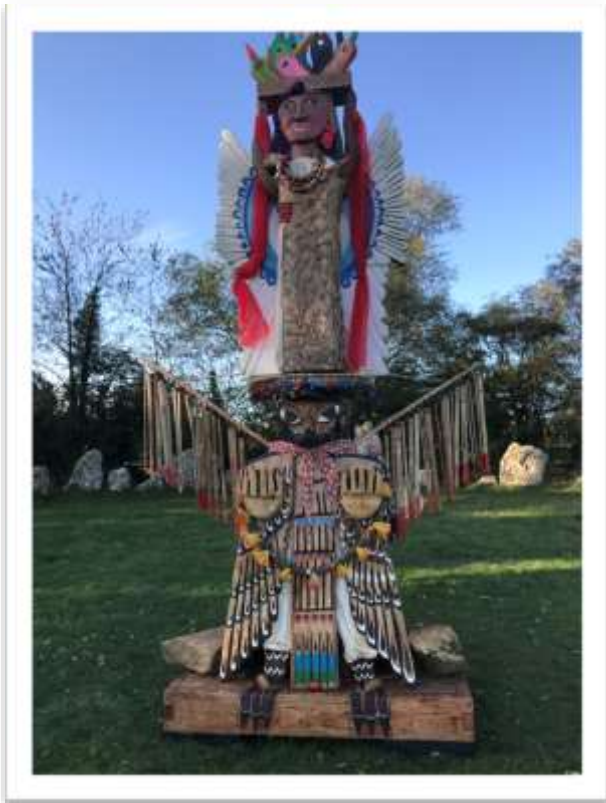


[Snowdrops in the Midlands | National Trust](#)

The first months of the year show signs that plant life is still busy with the burst of beautiful snowdrops.

Check places to see them at the National Trust.

Remember that snowdrops rely on the weather, so please do check with the property that they're in flower before you visit.



The Totem Latamat

by Julia Phillips

I took these photos of the totem that was briefly erected in the centre of the King's Men at the Rollright Stones, to mark COP 26.

The *Totem Latamat* was carved by Jun Tiburcio in Chumatlán, Veracruz, from a single tree, and it undertook a 5,500 mile voyage from Mexico to southern Scotland, travelling throughout Britain to highlight the climate change concerns of indigenous peoples.

It was commissioned by the Border Crossings' ORIGINS Festival.

"It has visited locations and

communities as diverse as London's Chiswick House, Station Square in Milton Keynes, Hexham Abbey, Manchester University and the megalithic Rollright stone circle in Oxfordshire," said Border Crossings' artistic director Michael Walling, "And everywhere it has been, *Totem Latamat* has been welcomed with songs and ceremonies, movingly showing the spirit of global solidarity between our own communities and the indigenous people who stand on the front line of climate change."





Pagan Arts Festival
Saturday 23rd April 2022
@ Kala Sangham, Bradford

Stalls - Exhibitions - Workshops - Performances
Early bird tickets now available!
Members £5 - Non-members £8 - Under 12's FREE

To book, visit our website or scan here:



www.paganfed.org/50th-anniversary-celebrations

Witches Ladder

(Rope & Feathers) a form of knot magic.

Many of these "ladders" have been found in cottages, mostly made with feathers, and it was thought they were made to hex or curse people or cattle etc. Once made they could be cast into water and, as the water softened the rope, feathers (and the hex) would be released and bubbles come to the surface to fulfil the hex's intent.

These ladders can also be made for good wishes, such as house protection, people protection, or any spell work that you put intention into. They can be made using wool, cotton, twine, and herbs, etc. I used black wool for mine.

Once you have decided what your intention is, gather your materials which can be items such as feathers, bells, charms, ribbon, or even a tiny pot/cloth bundle of incense. Whatever you use the principle is the same - plait your preferred material into either three, nine or twelve cords, keeping your intention strong as you go. You can chant as you weave if you like as this helps stop the mind from straying. You can insert the feathers, ribbons or charms as you weave, or insert them after you have made the ladder. The length can be what feels right for you, but usually odd rather than equal is better.

As always, work in a protected space, even outdoors, in the manner you normally use, and when done, close the space, giving thanks and making an offering.

Plait three separate cords, tying each one at top and bottom, keeping your intent clear, tie them together at one end, then plait the three together, secure at the bottom, then start inserting the feathers, ribbons, charms etc., at equal intervals, chanting your intention all the while until your ladder is ready. I made mine for protection, so it hangs inside my door, but you can put it on your altar, or wherever your intention was.

Most of all respect the old traditions and use them wisely. Harm no-one and remember the three fold rule!

Blessed Be, Amber



(Editor) - Wigington, Patti. "What is a Witch's Ladder?" *Learn Religions*, Sep. 8, 2021, learnreligions.com/make-your-own-witchs-ladder-2561691.

A variation on the traditional chant:



By knot of one, the spell's begun.
By knot of two, the magic comes true.
By knot of three, so it shall be.
By knot of four, this power is stored.
By knot of five, my will shall drive.
By knot of six, the spell I fix.
By knot of seven, the future I leaven.
By knot of eight, my will be fate.
By knot of nine, what is done is mine.



PET'S CORNER

Share your anecdotes about favourite pets, or classic sayings perhaps.



MAKE SURE YOUR PET'S DIET IS RIGHT FOR THEM.

Pets become part of the family and we like to think we're looking after them, and giving them a loving home. We also like to think we're feeding them well, and let's face it, there's a good choice of dry and wet foods available. Yet, can we really trust those off-the shelf products?

I have two Bengal cats, Amber and Ruby, (12 and 9 yrs. old respectively). I've always fed them a certain well established brand of wet food from day one, alternating with dry kibble. However, a few years ago they refused to eat the wet food, and even I noticed a change in the smell. After complaining to the makers, I found out that due to production issues in the U.K. they had been importing their Irish product and packaging them in the U.K. On the bottom of each sachet, there is a code: IE for Eire and GB for the U.K. My cats would eat the GB ones, and totally refuse the IE marked ones! Seems the ingredients weren't quite the same.

In 2016, our Vet noticed Amber's weight had dropped slightly, but there was no cause for alarm as the weight loss was minimal, but it continued to drop slightly each year. In 2020, she was given 'Metacam' pain relief as there were signs of arthritis, but using this long term could damage her kidneys. Several months later I was told her kidney function wasn't good. Apart from the ageing mobility issue, she appeared to have a good appetite and wolfing down her food.

In October, 2021, I took Amber to the Vets because she was noticeably thinner, despite her ferocious appetite. After she was weighed, both of us were shocked at the weight loss. The Vet was extremely concerned and said her digestive system was failing so her body couldn't process the food properly.

Luckily, our Vet is a firm believer in treating by diet first, before more invasive treatments, and put her on a gastrointestinal diet. He explained that unlike dogs, who can digest a mixed-protein diet easily, cats need a 'pure' protein diet. Unfortunately, most of the wet food sold off the shelf for cats is a mixed protein diet, and not always the best kind. The gastrointestinal wet food is bland, so he suggested I sprinkle 'FortiFlora', a feline probiotic, over the food as cats can't resist it, and it also helps their digestive system.

Within weeks of going on the new diet, Amber became a changed cat with renewed energy. I was even able to reduce the 'Metacam' pain relief. I started giving her fresh cooked chicken or fish mashed up for her dinner and evening meal and there was a marked improvement. She was playful, not so grumpy and appeared to be gaining weight. At the beginning of January 2022, I took Amber back for a check-up and the Vet nearly danced a jig on the spot, he was so happy. Her weight was back to its 2016 level! Her physical signs were all good and when I told him I was also including chicken and fish in her diet, he literally beamed! I've now moved Ruby off that particular brand too, and gradually getting her onto a fresh diet.

I've since spoken with other cat owners who shared similar tales of woe. They had been using other well-known brands of wet cat food, and since changing to a fresh meat diet, their cats have become healthier. Perhaps there's a problem out there with certain feline wet pouches, maybe they are cutting costs and mixing cheaper meats. Who knows!

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Michell's Fold

The focus of many local legends, Mitchell's Fold is a Bronze Age stone circle set in dramatic moorland on Stapeley Hill, Shropshire.

It once consisted of some 30 stones, 15 of which are still visible.

©Nigel A Ball

Druids Circle Penmaenmawr, Wales

©Nigel A Ball



TRUSTEES WANTED

We're seeking more Trustees to join us in our work. All Trustees of Pagan Aid are volunteers and under the Charity Commission rules, cannot serve more than two 3-year terms consecutively.

Are you interested? If you'd like to learn more, please contact Dan Coultas at chair@paganaid.org. We'd love to hear from you.

Our **2022 Calendar** is available via our website. <https://www.paganaid.org>

Don't forget to visit our Shop. [PaganAid Shop | Redbubble](#)

MOOT LISTINGS

Please note these moots are not run by the Pagan Federation, although some may (by chance) be run by PF Officers. The Pagan Federation has not been responsible for organising moots for a very long time. However, the Pagan Federation does hold events, conferences and various other things. If you need further clarification please contact our District Manager.

Useful information and links to local events can also be found on the Pagan Federation South and Mid Wales Facebook Page - <https://www.facebook.com/pg/PFSouthWales>. It would also be helpful if contact telephone numbers could be given for those who don't use Facebook.

NB: Details are supplied by the Moot organisers and we are dependent on them advising us of any changes.

**If you would like your Moot or Event listed, or make any changes, please email details to:
The Editor, mwaw.editor@paganfederation.co.uk**

GLOUCESTERSHIRE

Frampton on Severn

3rd Tuesday of each month at the Three Horseshoes, The Green, Frampton on Severn, GL2 7DY, meeting from 8:15 onwards. More info from Jan at janethardy95@gmail.com or phone 07779 246841.

South Gloucestershire

2nd Wednesday of the month, the Huntsman at Falfield, right on the A38. 8pm for an 8.30pm start. More info from Jules & Bob <https://www.facebook.com/groups/southglospaganmoot/>

Stroud:

2nd Thursday of the month, Kings Street, upstairs in Curios lounge. 1.30 till 3 pm. Its very informal. and an opportunity for people who don't like going out at night. Bring poems, stories—all are welcome. Come and have a chat and a cup of tea. Facilitated by Janet Hardy.

Cheltenham:

1st Monday of the month, 8pm onwards at the Sandford Park Ale House.

Forest of Dean:

1st Thursday of the month, the White Hart Inn, Cinderford, 7:30pm onwards. More info on the Forest of Deans Pagans FB page - <https://www.facebook.com/groups/290741101652877/>

Open Seasonal Rituals:

Crickley Hill Country Park: Gloucestershire Pagans Open Circles, Crickley Hill - www.nationaltrust.org.uk/crickley-hill/

These take place for each festival, and are on a Sunday afternoon at 3pm. Meet at the Visitors' Centre for 2:45pm, to move to nearby woodland site at 3pm. Each Circle is a simple honouring and acknowledgement of the Festival, as reflected in the Land and forest around us and explores the theme of the season. No experience necessary and no fee (you will need to pay for car-parking). Children are welcome, as are dogs on leads.

MID-WEST STAFFORDSHIRE/SHROPSHIRE

Kidsgrove Moot

Last Tuesday of each month, except in December.

The Bluebell

This is a closed group. Please send a request to join via Facebook.

New Stafford Moot

3rd Tuesday of each month

The Shrewsbury Arms, Eastgate Street.

Occasional speakers.

This is a closed group but if anyone local to Stafford wishes to join please send a request to join via Facebook.

Stoke-on-Trent Moot

2nd Wednesday of the month.

The White Star in Stoke on Trent

Run by Elric Sullivan with regular well known speakers. Elric is also the organiser of the successful Midland COA events.

NORTH WALES

North Wales Pagan Moot

2nd Thursday of the month, but please check first!

Anglesey Arms in Menai Bridge, starting 8pm

<https://www.facebook.com/groups/2413310505624097/>

Oswestry Moot

1st Wednesday of the month at a private place in Oswestry, from 7:30pm

Check the group for details.

<https://www.facebook.com/groups/oswestrypagans/>

Rhyl Pagan Moot

Not currently meeting right now. Join the group to connect to local pagans.

<https://www.facebook.com/groups/687464548128786/>

The Pagan Tree Moot

Second Friday of the month in the Grosvenor Hall, Mold, Flintshire.

Contact the page or call 07890 646870 or email pagantreemoot@gmail.com

<https://www.facebook.com/Pagantreemoot>

<https://www.facebook.com/groups/561045084466693/>

Wales Wandering Moot (Asatru)

Irregular moots in various locations and events for all heathens.

Please contact the Asatru Wales FB group for details of the next event- [https://](https://www.facebook.com/groups/asatruwales/)

www.facebook.com/groups/asatruwales/

Walking Moot

A gentle walking moot based roughly around the Welshpool area and further abroad. Details of their moots can be found in the Pagans in Mid Wales and Borders FB Group. [https://](https://www.facebook.com/groups/252221001557091/)

www.facebook.com/groups/252221001557091/ *

Wrexham Pagan Moot

Usually meet on the 3rd Thursday of the month, but check the group for details.

<https://www.facebook.com/groups/693885083965753/>

SOUTH AND MID-WALES

Abergavenny Moot

Second Tuesday of every month, starts 7pm

Hen and Chickens pub, Flannel street, Abergavenny, NP7 5EG

Contact ask on the South Wales Pagans FB group -<https://www.facebook.com/groups/25298269292/>

Aberystwyth Pagans

Contact Carole at caroleelizabeth@tybecca.com or check out the group for more information -

<https://www.facebook.com/groups/aberystwythpagangroup/>

Bridgend Moot

Not currently meeting, but please join the group to connect with local pagans. Please ask

Siany for further details in the group page - https://www.facebook.com/groups/257960161278244/?ref=br_rs

Caldicot Pagan Moot

Not currently meeting, but please join the group to connect with local pagans.

<https://www.facebook.com/groups/422381884945564/>

Carmarthen Pagans

Not currently meeting, but please join the group to connect with local pagans.

<https://www.facebook.com/groups/CarmarthenPagans/>

Cardiff Pagan Moot

1st Tuesday of the month, from 7:30pm onwards

The Owain Glyndwr, 10 St John St, Cardiff CF10 1GL, but looking for a more suitable venue.

They also host seasonal rituals in and around the Cardiff area.

Contact Catherine Abbott (myfacebookspam@googlemail.com) or visit their page at <https://www.facebook.com/groups/167919513251601/>

Cwmbran Pagan Moot

Run occasional workshops and rituals. Please go to their group for more information.

Contact <https://www.facebook.com/groups/541651255974373>

Lampeter Pagan Society

For all those lively people who are or were members of the Pagan Society at SDUC/UWL/

TSD; of all paths and interested parties in the area.

Contact the Lampeter Pagan Society group -<https://www.facebook.com/groups/24065160648/>

Newport coffee morning

First Saturday of every month, 11am - 2pm(ish)

The Pen and Wig, 22-24 Stow Hill, Newport NP20 1JD although they're seeking a more accessible space for the future.

Contact: Catherine Abbott (myfacebookspam@googlemail.com) or ask on the Newport

Pagans, Heathens and friends group - <https://www.facebook.com/groups/2403014563309412/>

Newtown

3rd Thursday of the month, starts at 7:30pm
The Monty Club, 11 Broad St, Newtown SY16 2LU
Facebook 'Simmering Cauldron' Contact Simmering Cauldron 01686 668404

Pembrokeshire Pagan Moot

1st Wednesday of the month, 7:30pm onwards
Corner Piece Inn, Rudbaxton, Haverfordwest, SA62 5PG
Monthly moots and seasonal rituals. Please visit their group for more information - <https://www.facebook.com/groups/1201720603213571/>

Pontypridd Pagan Moot

3rd Saturday of the month (but please check first!), starts 12 noon
Pontypridd Museum, Bridge St, Pontypridd CF37 4PE
Talks, workshops and discussions
Contact the Pontypridd Pagan Moot group -<https://www.facebook.com/groups/1590076611232881/>

Port-Talbot Pagan Pathways Gatherings (PPP Gatherings)

Meet up on the Sunday closest to the full moon, followed by a walk to the beach and sit around a camp fire (weather permitting)
Cafe Remos, The Princess Margaret Way, Port Talbot SA12 6QW
Contact the PPP Gatherings - (Port-Talbot Pagan Pathways) group for further details—
<https://www.facebook.com/groups/409240675924726/>

Swansea Pagan Moot

Third Tuesday of the month, starts at 7.30pm
Talks, workshops and more.
Contact the Swansea Pagan Moot page -<https://www.facebook.com/groups/108929852508325/>

Teifi Pagan Moot

Third Wednesday of the month, 7:30pm onwards
The Black Lion Hotel, High Street, SA43 1HJ
Visit the group page - <https://www.facebook.com/groups/westwalespagans/>

Wales Wandering Moot (Asatru)

Irregular moots in various locations and events for all heathens.
Please contact the Asatru Wales FB group for details of the next event- <https://www.facebook.com/groups/asatruwales/>

Wandering Witches of Wales Moot

A moot that is held in different parts of South Wales by the Wandering Witches of South Wales. Please contact Jenn and Lee (wanderingwitchesofwales@gmail.com) or check their page for details of the next upcoming moot and its location.
<https://www.facebook.com/SouthWalesMoot>

Valleys

1st Wednesday of the month starts at 7:30pm,
The Griffin Inn, Gilfach Goch, Porth CF39 8YL
Contact Richard krishak2099@hotmail.com

SUBMISSION GUIDELINES

Myddle Earth is the newsletter of the Pagan Federation, Mid-West & Wales District and is published four times a year at Imbolc, Beltane, Lughnasadh/Lammas and Samhain.

We would like to encourage our readers to submit articles, artwork, poetry and other creative works for inclusion in future newsletters. Please see the guidelines below when preparing your material. If you have any queries, please email: **mwaw.editor@paganfederation.co.uk**.

- ◇ Your submission must have a Pagan theme or be of interest to the Mid-West & Wales Pagan community.
- ◇ Articles need to be submitted as a Microsoft Word or OpenOffice document. Please use Arial or another standard font; 12pt; single-spacing; left justified; without indentation.
- ◇ Please ensure that articles are between 800 and 1200 words in length, unless agreed otherwise.
- ◇ Use a friendly, casual tone. We want to make the information as accessible as possible.
- ◇ We reserve the right to abridge articles and to edit them for clarity, style, grammar and accuracy.
- ◇ Authors are responsible for the accuracy of references and reference citations.
- ◇ Images should be sent as separate files, not embedded into the document. Please indicate recommended insertion points of the images within the body of the text, and ensure that the file names enable them to be easily identified.
- ◇ Images need to be of a high quality (minimum resolution 300dpi), preferably in JPEG format. Also, please ensure that you have copyright permission for their further publication.
- ◇ All articles/artwork remain the copyright of the author/artist.
- ◇ Please send your contributions via email to **mwaw.editor@paganfederation.co.uk**. Please include the type of submission and the suggested issue for publication in the 'Subject' line. For example: 'Poem for Imbolc'.
- ◇ Welsh language submissions: please accompany with the English translation.
- ◇ Although every effort will be made to accept your contributions for publication, we reserve the right to refuse submissions.
- ◇ We're sorry but we are unable to pay for submissions.
- ◇ **GDPR STATEMENT:** If you would like to get a copy of our GDPR Statement please email **mwaw.editor@paganfederation.co.uk**.

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- Page 13: "Mitchell's Fold" and "Druids Circle" Nigel A. Ball

Fun Quiz Answers

1. Nickneven
2. Anubis
3. Orc (Orca)
4. Tiresias
5. Jinn (Djinn/genie)